## OPIOID MISUSE/ABUSE or OTHER DRUG PREVENTION

# **Strategic Objectives:**

Educate the Community about the Problem and Harms of Opioid/Drug Misuse/Abuse [Overarching]:

# • Research-based Education to Reach Target Audiences

Strategy	Use of social media and community trainings to promote CDC and other fact not fear based info and infographics on health, social-emotional, and	
	financial effects of Rx and Substance misuse and abuse.	
Target Population(s)	All county (approx 6,800 people per week)- through Sublette County	
	Sheriff's Office (SCSO) Facebook Mugshot Monday (MM) page, messages	
	targeted to Mugshot Monday arrest topics.	
Target Location(s)	All county facebook audience	
<b>Anticipated Completion Date</b>	Ongoing evaluation with Sublette County Sheriff's Office Public Information	
	Officer (PIO) culminating in report June 2020	
Anticipated Budget	\$0.	

# **Strategy:**

Use of social media and community trainings to promote CDC and other fact not fear based info and infographics on health, social-emotional, and financial effects of Rx and Substance misuse and abuse.

	Action Steps	Responsible Party	<b>Start Date</b>	<b>End Date</b>
1	Identify local social media sites for maximum audience for RX and ATOD prevention messages/posts.	Rx and Other Drugs Task Force members, treatment court coordinator	12-1-18	12-15-18
2	Develop format for posts on Mugshot Monday SCSO fb page	SCSO PIO, task force members, Sublette County Prevention Coordinator (SCPC) coordinator and intern	1-15-19	2- 1 19
3	Research and develop 12 MM posts and 4 Tidbit Tuesday posts and "click bait" for Sublette relevant ATOD issues.	Coordinator and intern	2-1-19	3-1-19 and ongoing
4	Posts "go live" on MM with PIO posting messages relevant to that week's arrests	SCSO PIO	3-1-19	ongoing
5	Monthly review and edit of program	SCSO PIO and staff, coordinator, intern, Data and Communications task force, after D and C Task Force is created	4-25-19	ongoing
6	With Opioids & Other Drugs Task Force, identify and contract with appropriate trainers (Ben Cort, Libby Stuyt have been named) to	Coordinator, with RX & Other Drugs Task Force.	7/11/19	12/1/19

	deliver a series of school and community trainings re: public health and safety issues of commercialization of marijuana			
7	Use of pre and post training surveys to gauge	Coordinator, School	12/1/19	Ongoing.
	attitude shifts and identify appropriate follow up.	wellness coordinator		

(What are the intervening variables and contributing factors? Why did the community choose this strategy?)

Between 2014 and 2017 Sublette saw steep increase in treatment admissions for primary presenting problem of opiates. However, marijuana is second most common substance arrest in the county after alcohol, and commercialization of marijuana has been suggested by the coalition and WDH as an appropriate topic to educate lawmakers, and community about. Alcohol is primary substance arrest. (Insight Vision). Narrative report from SCSO Drug Task Force and other LE: "At root of Rx and other drug problem in Sublette is that people would rather self medicate with drugs and alcohol than pay to get counseling or medical help for mental health issues, which rise out of the cycle of childhood abuse and neglect perpetuated from one generation to the next".

# **Budget Description: 9% (4-14%) \$6,733.63**

SCSO fb posts cost \$0. Cost is in grant time for research and development of most relevant posts.

Cost to bring presenters to Sublette for community training series approx \$7,500. in trainer fees and marketing materials

Task force meeting meals 2018 - 2020: 6 meetings at \$60. per meeting - \$360.

Percentage of coalition meals for 2019 - 2020 (split evenly between ATODS, Suicide, and Tobacco):

24 meetings at \$65. Per meeting = \$1560.

Coalition website development and maintenance = \$1,000.

Printing for flyers to promote Drop Off boxes: Approx.: \$65.

July 2019 working total: \$10, 420.

# **OPIOID MISUSE/ABUSE or OTHER DRUG PREVENTION**

**Strategic Objectives:** 

**Reduce Access to Opioids [Overarching]:** 

• Increase Safe Storage and Disposal of Prescription Drugs

Strategy	Distribute medication disposal bags and monitor number of pounds of medication collected at drop boxes. Promote drop boxes through social media and print media.	
Target Population(s)	Sublette County residents	
Target Location(s)	Senior centers, medical clinics, public health, drop boxes at Altitude pharmacy and the court house.	
Anticipated Completion Date Ongoing		
Anticipated Budget	\$0	

Strategy:
Distribute medication disposal bags and monitor number of pounds of medication collected at drop boxes.

	Action Steps	Responsible Party	Start Date	<b>End Date</b>
1	Ongoing communication with SCSO to monitor	SCSO, coordinator	9-1-18	6-20-20
	pounds at disposal sites			
2	Distribute disposal bags to target locations as	Coordinator	9-1-18	6-20-20
	needed. Promote disposal sites through website,			
	SCSO facebook page, Public Health website,			
	and via printed flyers.			

Distribute medication disposal bags and monitor number of pounds of medication collected at drop boxes. Promote drop boxes with social media and print media.

	Action Steps	Responsible Party	Start Date	End Date
1	Ongoing communication with SCSO to monitor	SCSO, coordinator	9-1-18	6-20-20
	pounds at disposal sites			
2	Distribute disposal bags to target locations as	Coordinator	9-1-18	6-20-20
	needed.			

## **Community Conditions:**

(What are the intervening variables and contributing factors? Why did the community choose this strategy?)

Between 2014 and 2017 Sublette saw steep increase in treatment admissions for primary presenting problem of opiates (Insight Vision).

See above

#### TOBACCO PREVENTION

## **Strategic Objectives:**

**Keep People from Starting to Use Tobacco [Overarching]:** 

• Strengthen Policies and Consequences for Underage Tobacco Use/Vaping

Strategy Support PHS and BPHS administration goal of decreasing presence ENDS on campus with vape detector. Increase public awareness of I social, and financial costs of use of ENDS.	
Target Population(s)	High School and Middle School youth
<b>Target Location(s)</b> Vape detectors in the schools, ads in schools and movie theaters.	
<b>Anticipated Completion Date</b>	June 30,2020
Anticipated Budget \$1,000.	

#### **Strategy:**

Support Pinedale HS and Big Piney HS administration goal of decreasing presence of ENDS on campus with vape detectors. Educate youth on health, social, and financial costs of use of ENDS.

	Action Steps	Responsible Party	Start Date	End Date
1	Educate youth and policy makers: Inform county	Coalition members, School	1-4-19	6 - 30 -
	health officer of ENDS issue among youth, raise	Resource Officers (SRO),		2019
	awareness of policy options with mayor, county	Pinedale mayor and SPC		
	attorney, school staff, public health nurse	coordinator.		

	manager, and parents. Use of Warehouse 21 ads in movie theaters to reach and inform youth.			
2	Secure grant funding for school's request for vape and ENDS detectors for school bathrooms	School administrators, coordinator, Pinedale mayor	1-4-19	2-1-19
3	Ongoing evaluation of vape detector effectiveness to deter presence of vapes, delivery of data to WDH tobacco prevention division and SCPC.	PMS vice principal, WDH, coordinator	3-30-19	ongoing
4	Alternatives to punishment for student possession of vapes will include referral to WQTP, cessation info, and other treatment options.	School administrators , SROs and SCPC coalition and coordinator	2-1-19	ongoing
5	Assist courts and schools with consistent MIP consequences, upon request	SCPC coordinator	2-1-19	ongoing

(What are the intervening variables and contributing factors? Why did the community choose this strategy?)

Increase in Sublette youth use of vapes and ENDS since summer of 2017 is reported by 2018 PNA, is consistent with FDA (national) survey results, and corroborated by narrative reports from high school students, administrators, counselors, and health educators.

Budget Description: 19% (14-24%) \$14,215.44
\$500. each for PHS and BPHS = <b>\$1,000.</b>
Percentage of coalition meals for 2018 - 2020 (split evenly between ATODS, Suicide, and Tobacco): 24 meetings at \$65. per meeting = <b>\$1560</b> .
Tobacco Task force meetings, 2018 - 2020: 6 meetings at \$60. Per meeting = \$360.
Coalition website development and maintenance (split between UD, AB, S, T, and Rx) = $$2,000$ .
Media buy for Warehouse 21 and local movie theater: Approx: \$5,000.
Social media/print media:
Pizza for youth focus groups advising on vape prevention
July 2019 working total: \$9,920.

## **TOBACCO PREVENTION**

# **Strategic Objectives:**

• Educate Legislators and Policy Makers

Strategy	Involve and support SPC and community members in educating town, county, and state elected officials as they consider policy to restrict youth access to nicotine and tobacco products.						
Target Population(s)	State Legislators, Marbleton/Big Piney Town Councils, County						
	Commissioners, County Health Officer, State Health Officer						
Target Location(s)	Regional Legislative Committee meetings, Big Piney, Marbleton, Pinedale						
	community settings						
<b>Anticipated Completion Date</b>	June 30, 2020						
Anticipated Budget	unknown						

Involve and support SCPC and community members in educating town, county, and state elected officials as they consider policy options to restrict youth access to nicotine and tobacco products.

	Action Steps	Responsible Party	Start Date	End
				Date
1	Monthly meeting with Sublette WY State Rep to	State Rep, SCPC coordinator	9-1-18	Ongoing
	inform on local vape use statistics.	and coalition members Alan		
		Huston, Joey Burke, Sarah		
		Hixson, and other tobacco		
		task force members.		
2	One time forum/meeting to inform county health	Sub 9 SRO, county attorney,	1-4-19	1-4-19
	officer on vape epidemic and local ordinance	school principal, coalition		
	options.	members, Pinedale Mayor.		
		SCPH Nurse Manager and		
		Coordinator.		
3	With Sublette State Rep guidance via text and	State Rep, SCPC	1-4-19	Ongoing
	email, adopt and adapt plan to educate legislators	coordinator, Alan Huston,		
	during 2019 legislative session and interim leg.	School SROs and principal.		
	committee meetings.			
4	Approx 6 hours per week to stay current on	Coordinator and Tobacco	10-1-18	Ongoing
	developments at the local, state, and federal level	Task Force members: Alan		
	re: policy options with WDH, FDA, CDC, and	Huston and Joey Burke		
	advocacy organizations, to keep current info	,		
	flowing to legislators and policy makers.			
5	With community and coalition members, travel	SCPC members, school	5-2-19	5-2-19
	to regional interim committee meetings to	staff, SRO's, parents.		
	provide information on level of vape use among			
	Sublette youth, and information on best practices			
	to decrease youth initiation.			

# **Community Conditions:**

(What are the intervening variables and contributing factors? Why did the community choose this strategy?)

Increase in Sublette youth use of vapes and ENDS since summer of 2017 is reported by 2018 PNA, is consistent with FDA (national) survey results, and corroborated by narrative reports from high school students, administrators, counselors, and health educators.

**Budget Description: 19% (14-24%) \$14,215.44** 

Travel to regional legislative sessions: Mileage and food:

#### ADULT ALCOHOL OVERCONSUMPTION

#### **Strategic Objectives:**

Reduce Access and Availability of Alcohol to Adults [Overarching]:

• Minimize On-Premise Over-service of Alcohol to Adults

Strategy Provide 2-4 TIPS trainings per year.						
Target Population(s) On premise alcohol beverage servers and business owners						
Target Location(s)	Big Piney/Marbleton and Pinedale bar and restaurant on site. BOCES					
	classrooms.					
<b>Anticipated Completion Date</b>	Ongoing					
Anticipated Budget	\$2,500					

Strategy:
Provide 2-4 TIPS trainings per year.

	Action Steps	Responsible Party	Start Date	<b>End Date</b>
1	Recruit 2 SCSO deputies to train beverage	Coordinator	10-1-18	11-1-18
	servers in TIPS.			
2	Schedule SCSO TIPS training.	Coordinator, SCSO, TIPS	1-1-19	3-27-19
		organization.		
3	Registration and venue scheduling for ongoing	SCSO, coordinator, and	4-1-19	Ongoing
	TIPS server training.	businesses.		
4	SCSO report to coalition on progress of TIPS,	SCSO	4-15-19	Ongoing
	report #s of servers trained			
5	Recruit TIPS trainer from business, and train	Coordinator/coalition/	5-1-19	Ongoing
		Waterhole Bar		

## **Community Conditions:**

(What are the intervening variables and contributing factors? Why did the community choose this strategy?)

Insight Vision reports that the average BAC level at time of arrest in Sublette county is higher than the state average (.14 - .15). The community chose TIPS training because it educates servers on strategies to prevent intoxication that can lead to impaired driving and consequent public safety issues. TIPS training was also chosen as a capacity enhancement strategy to build relationships between law enforcement and bars/alcohol servers and business owners.

## Budget Description: 21% (16-26%) \$15,711.80

TIPS training and travel and meals for training for SCSO \$1,500.

Percentage of coalition meals for 2019 - 2020 (billed to ATODS and split evenly between ATODS, Suicide, and Tobacco):

24 meetings at \$65. per meeting = \$1560.

Coalition website development, maintenance, and technical assistance (split evenly between UD, AB, S, T, and Rx) = \$2,000.

12 oz. Beer cups with Governor's council on Impaired Driving messaging: \_\_\_\_\_(waiting for total from Weston County).

Refrigerator magnets with evidence based moderate drinking messaging: (\$108. for approx 250 magnets, waiting for task force to advise amount to purchase.)

July 2019 working total:

#### ADULT ALCOHOL OVERCONSUMPTION

## **Strategic Objectives:**

**Educate the Community about the Problem and Harms of Adult Overconsumption [Overarching]:** 

• Research-based Education Campaigns to Reach Target Audiences

Strategy	Use SCSO Mugshot Monday page to reach county wide population with CDC and SAMHSA facts/infographics on health, social, legal and					
	financial impacts of alcohol misuse and abuse.					
Target Population(s)	County-wide adult audience.					
Target Location(s)	SCSO Facebook page					
<b>Anticipated Completion Date</b>	June 2020					
Anticipated Budget	\$0					

# **Strategy:**

Use SCSO Mugshot Monday page to reach county wide population with CDC and SAMHSA facts/infographics on health, social, legal and financial impacts of alcohol misuse and abuse.

	Action Steps	Responsible Party	Start Date	<b>End Date</b>
1	Collaborate with SCSO to identify locally	Coalition task force,	12-1-18	12-15-18
	appropriate social media platform for prevention	treatment court coordinator.		
	messaging.			
2	WIth SCSO Public Information Officer, develop	SCSO PIO, coordinator,	1-15-19	3-1-19
	format for prevention posts on "Mugshot	intern, coalition members.		
	Monday" Facebook page.			
3	Develop 12 posts for "Mugshot Monday", 4	SCPC coordinator & intern	1-15-19	3/1/19
	posts for "Tidbit Tuesday" with "click-bait"			
	tactics and questions.			
4	Launch weekly prevention messaging on SCSO	SCSO PIO	3-1-19	Ongoing
	Facebook page			
5	Develop mental health posts.	Coordinator & Suicide Task	5-20-19	Ongoing
		Force members.		
6	Monthly meeting to evaluate, "tweak" and	SCSO PIO and coordinator	3-1-19	Ongoing
	measure response numbers and community			
	feedback.			

7	Create spreadsheet as evaluation tool. Alcohol	SCSO PIO and coordinator	5-28-19	Ongoing
	task force will review SCSO posts to add content	and BBBS coalition		
	and monitor for gaps.	member.		

Use SCSO Mugshot Monday page to reach county wide population with CDC and SAMHSA facts/infographics on health, social, legal and financial impacts of alcohol misuse and abuse.

## **Community Conditions:**

(What are the intervening variables and contributing factors? Why did the community choose this strategy?)

Insight Vision data reports that the 2016 average Sublette BAC level is .14 - .15 at time of arrest. Average 2016 Sublette Public Intox BAC is .20.

2018 County Health Rankings data reports 19% of Sublette residents report "excessive drinking" (this is actually slightly less than statewide number which is 20%). Community member interviewed for 2018 needs assessment reported "People in this county don't know they have a drinking problem until they are divorced, have lost their home, or are in jail. We need information on moderate drinking." (Marbleton Senior Center Director, September 2018)

#### **Budget Description: 21% (16-26%) \$15,711.80**

Mugshot Monday facebook posts are developed and written by coordinator with assistance from the 9/18 - 5/19 public health intern, and ongoing tech assistance from the former intern for June 2019 - September 2019 at \$25. Hr. Approx 2019 - 2020 budget:

## UNDERAGE ALCOHOL USE

**OVERARCHING GOAL:** Develop sustainable youth coalition.

# **Strategic Objectives:**

**Enhance Policies and Enforcement of Underage Drinking [Overarching]:** 

• Enhance Enforcement and Compliance with Underage Drinking Laws

Strategy	Build relationships with community through Freshmen Impact and GDL				
	grant program.				
Target Population(s)	High school freshman and sophomores/school and LE community				
Target Location(s)	Schools and Sublette Co fairgrounds				
<b>Anticipated Completion Date</b>	6-20-20				
Anticipated Budget	\$0. Graduated Driver's License (GDL) grant through SCSO and SADD				
	Wyoming)				

Strategy:
Build relationships with community through Freshmen Impact and GDL grant program.

	Action Steps	Responsible Party	Start Date	End Date
1	Receive request from SADD director to help plan	Coordinator, SCSO, WY	5-6-19	6-30-20
	and provide volunteers for Freshmen Impact	SADD director		
	event.			
2	Community meeting to assess community needs	Coordinator, SCSO, WY	5-23-19	5-23-19
	for event and volunteer sign up.	SADD director		
3	Conduct pre and post survey to evaluate	Coordinator, SCSO, WY	9-1-19	10-30-19
	Freshmen Impact event.	SADD director		
4	Continuous partnership SADD Wyoming	Coordinator, SCSO, WY	Ongoing	Ongoing
	throughout 2019-2020 to follow-up by	SADD director		
	developing and supporting youth coalition after			
	Freshman Impact event.			

(What are the intervening variables and contributing factors? Why did the community choose this strategy?)

Sublette PNA results and 2018 community interviews report that the primary cause of underage drinking in Sublette county is that the culture accepts and promotes it.

#### **Budget Description: 23% (18-28%) \$17,208.16**

Graduated Driver's License (GDL) is promoted in the Environmental Strategies Toolkit as a green light strategy to decrease Underage Drinking. Education and information on the GDL will be promoted and given to youth at this Freshman Impact event, in one of the 7 "learning stations". 4 of the learning station topics are fixed (the infamous beer goggles, seat belt, GDL, and fire and medical stations are fixed) and 3 learning stations are site specific. Sublette will be doing a vape learning station, a relationship skills learning (and practice) station, and a DCI learning station on what LE knows about what kids say on social media. The grant will not be spending any funds on this event. The funds are all from a national grant to promote awareness of the GDL and will be administered through the Sheriff's Office and SADD WY.

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#### UNDERAGE ALCOHOL USE

**Strategic Objectives:** 

Reduce Access and Availability of Alcohol to Youth [Overarching]:

• Improve Alcohol Restrictions at Community Events

Strategy	Engage with event planners to use Special Event Permit for Alcohol Checklist to plan community events that include alcohol and are promoted to all ages and attended by all ages.	
Target Population(s)	Event Planners: Chamber of Commerce, Town Permit Issuers	
Target Location(s)  Pinedale Fine Arts Council (PFAC), Fair grounds, rodeo, rendezvo in the park, library, winter carnival, wind river mountain festival/b etc.		
<b>Anticipated Completion Date</b>	June 2020	
Anticipated Budget	As yet unknown - approx \$2,500	

#### **Strategy:**

Engage with event planners to use Special Event Permit for Alcohol Checklist to plan community events that include alcohol and are promoted to all ages and attended by all ages.

	Action Steps	Responsible Party	<b>Start Date</b>	<b>End Date</b>
1	Meet with chamber to identify stakeholders.	entify stakeholders. Coordinator and intern		5-1-19
2	Meet with Pinedale mayor to review WDH/WY Liquor Division/WASCOP Special Event Permit for Alcohol checklist to explore beefing up the existing town permits, which have no teeth, no accountability, and no way to restrict youth access with recommendations from the checklist.	Coordinator and co chairs of alcohol task force.	5-1-19	5-15-19
3	Purchase "Minor Decliner" ID scanners to loan to vendors for special events.	Coordinator	5-1-19	5-30-19
4	Purchase wrist bands	Coordinator, after conferring with task force and town and county policy makers about community readiness.	4-15-19	ongoing
5	Create event bag for vendors with ID scanners, wrist bands, signage.	Coordinator	5-1-19	6-30-19
6	Provide 4 TIPS training per year for local beverage servers.	SCSO TIPS trainers	1-1-19	6-30-2020
7	Coalition members will invite vendors to task force meetings to seek input and recommendations on the Special Event Permit for Alcohol checklist.	Task Force co-chairs and coordinator	6-1-19	9-3-2019

(What are the intervening variables and contributing factors? Why did the community choose this strategy?)

Sublette PNA results and 2018 community interviews report that the primary cause of underage drinking in Sublette county is that the culture accepts and promotes it. (social acceptance) One way to make a visible distinction between legal and underage drinking is with wrist bands and ID scanners at community events that serve alcohol. Visual distinctions will increase ability to enforce underage drinking laws.

## **Budget Description: 23% (18-28%) \$17,208.16**

ID Scanners = **\$1.600**.

Wristbands \$13 for 500 wristbands. = \$13.

Majority of TIPS training costs are in the Adult Binge budget.

Meals for 2019 - 2020 task force meetings (billed to ATODS): 6 meetings at \$60. Per meeting = \$360.

Percentage of coalition meals for 2019 - 2020 (split evenly between ATODS, Suicide, and Tobacco):

24 meetings at \$65. Per meeting = **\$1560**.

Coalition website development and maintenance (split between UD, AB, S, T, and Rx) = \$2,000.

**July 2019 working total: \$5,533.** 

#### SUICIDE PREVENTION

#### **Strategic Objectives:**

**Postvention [Overarching]:** 

• Implement Effective Community and/or Entity's Response to Suicide

Strategy	Ongoing Support of Sublette County Suicide and Sudden Death		
	Response Team. (SRT)		
Target Population(s)	Family and community members impacted by suicide, sudden death, and/or		
	catastrophic event.		
Target Location(s)	County wide		
<b>Anticipated Completion Date</b>	ONGOING		
Anticipated Budget	\$500.		

Strategy:
Ongoing support and coordination of Suicide and Sudden Death Response Team.

	Action Steps	Responsible Party	Start Date	<b>End Date</b>
1	Make plan for monthly meetings. Create phone tree.	Existing SRT members amd coalition coordinator	9/1/18	Ongoing
2	Respond to community requests for intervention/support in the event of suicide, sudden death, or catastrophic event.	Existing SRT members and coalition coordinator	9/1/18	Ongoing
3	Research and screen appropriate films and events promoting suicide awareness for annual suicide awareness month. Present and promote work of SRT and QPR-Sublette teams at all community events related to suicide awareness.	SRT members, Episcipal Diocese of Wyoming, and coalition coordinator	9/1/18	Ongoing
4	Adapt Mission and Vision Statement	SRT members	3/1/19	4/1/19
5	Provide suicide reporting guidelines to local newspaper and news outlets.	Task Force members and coordinator, with local editor and journalists, face to face and via email.	2/1/19	ongoing
6	Develop and print SRT flyer to market services to community and distribute to SCSO, highway patrol, schools, clergy, coroner, behavioral health.	SRT members	3/1/19	4/1/19 and ongoing
7	Plan and participate in 4 annual community events promoting mental health awareness and suicide prevention: Chuckwagon Days and Rendezvous parade, July 2019 and 2020; Candlelight vigils Big Piney and Pinedale September 2019 and 2020.	SRT members and coalition coordinator	2/1/19	Ongoing

Support and coordinate Suicide and Sudden Death Response Team

# **Community Conditions:**

(What are the intervening variables and contributing factors? Why did the community choose this strategy?)

In response to 8 deaths by suicide in 2015, County coroner, clergy, counseling community, and previous PMO coordinator created this team to respond to individuals and organizations impacted by suicide and sudden death in Sublette County. Mission is to respond in person with resources, referrals, and support, when requested.

## Budget Description: 28% (23-33%) \$20,949.07

Printing materials: \$500.

Banner and magnet signs for parades, walks, candlelight vigils: \$200.

Food for Suicide prevention Month events 9/2018 and 9/2019: \$200.

Food for task force meetings: \$226. (split between ATODS, Suicide, and tobacco):

24 meetings at \$65. Per meeting = **\$1,560**.

Coalition website development and maintenance (split between ATODS, Rx, tobacco, suicide) = \$3,000.

**Working total July 2019: \$5,686.** 

#### SUICIDE PREVENTION

## **Strategic Objectives:**

**Upstream Prevention [Overarching]:** 

• Enhance Support to Communities to Address Suicide

Strategy	Provide Question, Persuade, Refer (QPR) Training for 12 community members who will commit to train 50-100 "Gatekeepers" in their churches, schools, businesses, agencies and peer groups, by June 2022.
Target Population(s)	Coalition members and Sublette County residents
Target Location(s)	County wide churches, businesses, schools
<b>Anticipated Completion Date</b>	6-20-22
Anticipated Budget	\$5,500.

#### **Strategy:**

Provide QPR Training for 10 community members who will commit to train 50-100 "Gatekeepers" in their churches, schools, businesses, agencies and peer groups. Goal: 10% of county trained as Gatekeepers by community members by June 2022.

	Action Steps	Responsible Party	Start Date	End Date
1	Contact QPR for info about community member	Coordinator	Nov 2018	Dec 2018
	training			
2	Promote training and goal with coalition and in	Coordinator	Dec 2018	march 15
	interviews, get 12 members to commit to training			2019
	50-100 gatekeepers			
3	Send out query and set date for class.	Coordinator	March 15	April 30
			2018	2019
4	Set venue and logistics for 8 hour community	Coordinator	May 1	June 1,
	member training		2019	2019

5	QPR sends trainer to Sublette for community member training	QPR organization	June 26 2019	June 26 2019
6	Community members agree to train 50-100 people in their churches, schools, LE agencies, workplaces.	Matt Daniels, Robert Galbreath, Carolyn Normington, Hillary Tollison, Michelle Overgaag, Bill Lehr, Jackie Downie, Trisha Scott, John Kelly, Melinda Bobo, Jenn Wilkinson	July 2019	June 30 2022
7	Gatekeeper trainers will report numbers trained and report to SCPC suicide prevention task force and SCPC coordinator to track progress on goal	See above	7-1-19	6-30-22
8	In Task force meetings from July 2019 - October 2019, members will review these evidence based options for spring 2020 community OR school suicide prevention trainings/programs: : Sources of Strength, Mental Heath First Aid, CIT. Include school staff in review of Sources of Strength school based curriculum.	Suicide prevention Task Force, coordinator.	7-1-19	10-30-201

10% of Sublette County trained as QPR Gatekeepers by June 2022

# **Community Conditions:**

(What are the intervening variables and contributing factors? Why did the community choose this strategy?)

Sublette County reported 8 deaths by suicide in 2015. Community members agreed that QPR gatekeeper training would be an effective and learnable tool for the county. Strategy will also build capacity.

# Budget Description: 28% (23-33%) \$20,949.07

QPR 8 hour t4t for 12 county residents including + materials, travel and lodging for trainer for 12 county

residents: \$5113.31

Food for one time QPR t4t: **\$190.** 

Sources of Strength initial school training: \$5,000.

**Total:** \$10,303. + **Postvention budget** =