

# Community Prevention Work Plan

Target implementation funding ranges for each focus area are provided below.

- 20% - 26%    Adult overconsumption of alcohol
- 20% - 26%    Underage alcohol use and youth marijuana use
- 22% - 28%    Tobacco prevention
- 4% - 10%     Opioid/prescription drug misuse/abuse and other drugs
- 22% - 28%    Suicide prevention

For more information and examples on evidence-based practices, please visit the [EvidenceBased Resources](#) folder on Basecamp.

<b>Focus Area: Underage Alcohol Use and Youth Marijuana Use</b>
<b>Objective:</b> <u>Prevent initiation among youth and young adults [Overarching]:</u> <b>X</b> Train coalition members, to educate the community.

**Program or Strategy name:** **Provide technical assistance and education:** When requested by coalition partners and youth serving organizations, provide motivational interviewing based technical assistance to disseminate information. Coalition partners and Sublette youth serving organizations are: Dept of Family Services, all Sublette schools, 4-H, Sublette County Attorney’s Office, church youth groups, county recreation centers, schools.. Create website resource page on media literacy for health educators and promote to educators, school nurses and counselors. Use fact based not fear based information in all partnerships. When possible (\*covid), resume High School Advisory groups.

**Target Population(s):** All Sublette youth serving organizations

**Target Location(s):** DFS, schools, church groups, etc

**Describe or provide link to the evidence-base:**

**Anticipated Strategy Budget:** \$7974.

#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	1. Ongoing: Partner with DFS, the county attorney’s office, SC Treatment Court, the Sheriffs Office, Highway Patrol and the schools to provide requested technical assistance and/or evidence based presentations. Use motivational interviewing strategies to avoid lecturing.	1.CPS, treatment court Coordinator Cassie Crumpton, WHP, and coalition members	Ongoing from last grant cycle.	7/1/22	Time and meals
	2. With WDH guidance, research and identify media literacy curriculum		8/1/20	10/1/20	Time
2					

3	Provide education and training to the coalition so that they can in turn educate our legislative delegation about the harms and impacts on high concentrate THC on the adolescent brain. Educate legislators on Colorado's mistakes.	Dr. Libby Stuyt, legislator, coalition.	2/1/2021	6/30/2022	Time.
4	Use social and print media to educate on legal facts and costs of MIP; legal consequences and costs of providing alcohol to minors. Use social and print media to educate and bring awareness of health and safety harms related to "age of first use" of alcohol and marijuana.	CPS, alcohol task force, and media contractor	Ongoing	7/1/2022	Time and funds for graphic design
5	Use social and print media for "How to talk to your kids about marijuana."	CPS, media and graphic design consultant	5/1/2021 -	7/1/2022	

**Community Conditions:** *What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?*  
**Risk factors:** Youth who participate in the High School focus groups tell us that their social norms come from social media, and that they know this is risky information depending on the site. **Protective factors:** Building on youth awareness that there are factual and non - factual (advertising) sources out there, media literacy will help increase youth knowledge of where to turn to for facts when they want facts.

**Expected Outcomes/ Short and Long-term:** *What results are you hoping to see in the next two years? In the next 5-10 years?*  
 2 years: Increase in perception of harm on PNA measures, decrease in reports of 30 day alcohol and marijuana use on PNA.  
 5-10 years: Same as 2 year goal.

**Data and Measurement:** *How will you know if you accomplished your goals and outcomes?*  
 2024 PNA data measures on youth marijuana use, youth alcohol use, and perceptions of harm.

## **UNDERAGE ALCOHOL USE AND YOUTH MARIJUANA USE**

### **Objectives:**

#### Reduce Access and Availability of Alcohol to Youth [Overarching]:

- Minimize Home Parties Where Alcohol is Served
- Reduce Legal-Aged Young Adults Purchasing and Providing to Underage Youth
- X** Minimize Retail and On-Premise Sale of Alcohol to Underage Youth
- Limit and Restrict the Location and Density of Alcohol Retail Outlets
- Improve Alcohol Restrictions at Community Events

#### Enhance Policies and Enforcement [Overarching]:

- Enhance Enforcement of Impaired Driving Laws
- Enhance Enforcement and Compliance with Underage Drinking Laws
- Improve the Discovery of Illegal Activities through Tip-lines or other Techniques
- Improve Systems of Consequences and Incentives Related to Youth and Alcohol
- Strengthen Policies, Programs, and Enforcement to Reduce Excessive Drinking Among College and University Students

#### Educate the Community about the Problem and Harms [Overarching]:

- Research-Based Education Campaigns to Shift Norms
- X** Educate Policy Makers
- Educate Stakeholders or General Population
- X** Train Coalition Members to Educate the Community

#### Prevent initiation among youth and young adults [Overarching]:

- X** Research-Based Education Campaigns to Shift Norms/Perceptions
- Evidence-Based Programs Designed to Prevent Adolescent Substance Use

#### Other

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<b>Focus Area: Underage Alcohol Use and Youth Marijuana Use</b>					
<b>Objective #1: Educate with TIPS to Minimize Retail and On-Premise Sale of Alcohol to Underage Youth.</b>					
<b>Program or Strategy name: 1. Tips training.</b>					
<b>Target Population(s):</b> All county bars and restaurants.					
<b>Target Location(s):</b> On site					
<b>Describe or provide link to the evidence-base:</b> Guide to Community Preventive Services. (2010). <a href="#">Preventing excessive alcohol consumption: Responsible beverage service training.</a> Retrieved July 24, 2012.					
<b>Anticipated Strategy Budget: \$700.</b>					
#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Work local bars and restaurants to market and recruit for free tips training	CPS, SO TIPS trainers, graphic design	July 2020	ongoing	Time and marketing materials, design and print.
2	Train additional Sheriff's Office deputy as TIPS trainer, when necessary. Reimburse Sheriff's Office for Deputies overtime pay when teaching TIPS.	CPS, Sheriff's Office, TIPS	10/1/2020	11/1/2020	Time and funds
3	Purchase 2020 ID checking guides from TIPS.	CPS, Sheriff's Office	July 2020	ongoing	Funds
4	Annual Tips training re-certification	SO tips trainers	Annual	ongoing	2 re-certs per year at \$150. Per year
5	Provide food for training	CPS	July 2020	July 2022	Funds for 4 trainings

**Community Conditions:** *What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?*

Risk factors: Sublette social norms make UD acceptable and socially available. Protective factors: TIPS educates servers with legal and health consequences of serving minors, trains servers to recognize fake ID's.

**Expected Outcomes/ Short and Long-term:** *What results are you hoping to see in the next two years? In the next 5-10 years?*

2 years: Decrease in use of fake ID's to get alcohol on premise and from retail.

5 -10: decrease in youth alcohol use on 2024 PNA

**Data and Measurement:** *How will you know if you accomplished your goals and outcomes?*

2024 PNA: 30 day alcohol use by 10<sup>th</sup> graders.

<b>Focus Area: Adult Overconsumption of Alcohol</b>					
<b>Objective:</b> Minimize On-Premise Over-Service of Alcohol to Adults					
<b>Program or Strategy name:</b> TIPS. Build relationships with business owners by providing Tips training					
<b>Target Population(s):</b> All Sublette bars and restaurants that serve alcohol.					
<b>Target Location(s):</b> On site					
<b>Describe or provide link to the evidence-base:</b> Guide to Community Preventive Services. (2010). <a href="#">Preventing excessive alcohol consumption: Responsible beverage service training.</a>					
<b>Anticipated Strategy Budget:</b> \$1776.					
#	Action Steps	Responsible Party	Start Date	End date	Resources Required
1	Work local bars and restaurants to market and recruit for free tips training. Print marketing materials, one time design and print	CPS & Tips trainers	Ongoing	June 2022	Time and funds
2	Set schedule with Sheriffs Office Tips trainers for 2 trainings for 2020, 2 for 2021, 2 for 2022.	CPS & Tips trainers	Ongoing	June 2022	Time
3	Establish venues and get food to venues	CPS	Ongoing	June 2022	Time and meals
4	Reimburse trainers for annual recertification for 2 years	CPS	Ongoing	June 2022	funds
5					

**Community Conditions:** Sublette Community Conditions: According to 2019 arrest data, Alcohol is involved in 56.57% of all arrests in Sublette. That is 7% higher than the state percent of all arrests. DUI arrests makeup 44.57% of all Sublette arrests. Average BAC at time of DUI arrest is .1475. Sublette has the highest BAC average in Wyoming for Public Intox at time of arrest: .2900.

**WHAT** will this project accomplish:

1. Increase highway safety for all residents.
2. Increase partnerships and collaboration between the sheriff's office, public health, and businesses.
3. Decrease public intox BAC and DUI's related to drinking at establishments.

**Community Conditions:** *What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?*

**Short term outcomes:** Decrease BAL from drinking at bars. Increase collaboration with business.

**Long term outcomes:** Slow shift in the alcohol cultural norm of "more is better".

**Data and Measurement:** *How will you know if you accomplished your goals and outcomes?*

**By 2024 we hope to see a decrease in the overall rate of DUIs per population and a decrease in the percentage of all arrests as reported in WASCOP Annual Crime Report.**





**Focus Area: Adult Overconsumption of Alcohol**

**Objective:** Educate the community about the problems and harms of adult binge drinking. Improve Alcohol Restrictions at Community Events.  
**Goal:** Long term harm reduction.

**Program or Strategy name:** 1. Use of print and social media to promote community dialogue on the harms and health effects of binge of binge drinking. Continue to use Tips and QPR (cross training) to **build relationships with business owners to promote common goals. Provide technical assistance to Town of Pinedale re: alcohol restrictions at community events.**

**Target Population(s):** Adult drinkers. Business owners, town governments considering alcohol restrictions at community events

**Target Location(s):** Social media outlets, coalition meetings, and town government.

**Describe or provide link to the evidence-base:** Wakefield, M.A., Loken, B., & Hornik, R.C. (2010). Use of mass media campaigns to change health behavior. *The Lancet*, 376, 1261-1271.

**Anticipated Strategy Budget:** \$7888.

#	Action Steps	Responsible Party	Start	END	Resources Required
1	(Ongoing) Alcohol Task Force will continue to provide information to town councils on WY Liquor Division and WDH recommendations for alcohol restrictions at community events, focusing on achievable goals that business supports: no glass (see below for community conditions), and wristbanding.	CPS and Alcohol Task Force co-chairs	Ongoing From 2018 - 2020	Ongoing	Time
2	(Ongoing) Work with alcohol vendors to promote our common goals agreed on in 2018 – 2020 grant cycle.  Continue to invite alcohol businesses and vendors to task force meetings.	CPS and ATF co-chairs	Ongoing	Ongoing	Time/ meals for task force:
3	If consensus on wristbands can be reached in this grant cycle, partner with SO to do wristband station at Rendezvous.	ATF co-chairs, SCSO, CPS	3////1/2021	6/30/2022	Overtime pay for deputies: \$665. X 2

					for 6 hours for 2 deputies.
4	Use of social and print media to promote harm reduction and awareness of definitions of binge drinking. See submitted media form for details.	Graphic design and CPS	Ongoing	June 30, 2022	Time, funds
5	<i>Add more steps as needed</i>				

**Community Conditions:** Sublette Community Conditions: According to 2019 arrest data, Alcohol is involved in 56.57% of all arrests in Sublette. That is 7% higher than the state percent of all arrests. DUI arrests makeup 44.57% of all Sublette arrests. Average BAC at time of DUI arrest is .1475. Sublette has the highest BAC average in Wyoming for Public Intox at time of arrest: .2900.

Reason we focus on no glass at public events: The WDH and WYO Liquor Board both recommend the prevention strategy of no glass and no personal coolers at public events where alcohol is permitted. (See WDH and WLB community event checklist). Sublette County currently allows people to bring their own coolers with alcohol in glass containers to public events. The strategy of no glass aligns with prevention goals because when individuals bring their own glass containers they are more likely to consume more alcohol than they would if they are purchasing alcohol on site from vendors. Prevention also likes no glass because when we advocate for no glass businesses like us better and are more willing to work with us. We also want to work better with business to get buy-in for TIPS training and QPR training for servers. Business is more likely to see us as pro-business and not the “prohibition police” when we work with them to advance their bottom line. Another plus: No glass is safer for horses and animals at county fairs and safer for barefoot humans.

## TOBACCO PREVENTION

### Objectives:

#### Prevent initiation among youth and young adults [Overarching]:

- Expand Research-Based Education Campaigns to Shift Norms/Perceptions
- Expand Education of Tobacco Retailers on Sales to Underage Youth
- Educate Legislators and Policy Makers

- Educate Stakeholders
- Support or Engage in Efforts to Reduce and Monitor the Sale of Tobacco to Underage Youth (local law enforcement, FDA, Synar)
- Strengthen Policies for Tobacco Retailers
- Strengthen Policies for Underage Tobacco Use/Vaping
- Modify or Implement Smoke, Tobacco, and Vape-Free Environment Policies in Targeted Settings

Promote quitting among adults and youth [Overarching]:

- Increase Referrals to Wyoming Quit Tobacco Program, including My Life My Quit
- Promote Other Local Cessation Services
- Strengthen Relationships with Healthcare Providers to Encourage Cessation (Ask, Advise, Refer [AAR]) and Wyoming Quit Tobacco Program
- Modify or Implement Smoke, Tobacco, and Vape-Free Environment Policies in Targeted Settings

Eliminate exposure to secondhand smoke [Overarching]:

- Research-Based Education to Reach Target Audiences, Include Smoking and Secondhand Smoke
- Educate Legislators and Policy Makers
- Educate Stakeholders
- Train Coalition Members to Educate the Community
- Modify or Implement Smoke, Tobacco, and Vape-Free Environment Policies in Targeted Settings

Identify and eliminate tobacco-related disparities [Overarching]:

- Research-Based Education to Reach Target Audiences, Include Smoking and Secondhand Smoke
- Educate Legislators and Policy Makers
- Educate Stakeholders
- Train Coalition Members to Educate the Community

Other

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**Focus Area: Tobacco Prevention****Objective:** Promote quitting among adults and youth [Overarching]: Reduce youth initiation by decreasing adult use of tobacco**X** Increase Referrals to Wyoming Quit Tobacco Program, including My Life My Quit**X** Promote Other Local Cessation Services**X** Strengthen Relationships with Healthcare Providers to Encourage Cessation (Ask, Advise, Refer [AAR]) and Wyoming Quit Tobacco Program**Program or Strategy name:** Promote and conduct 6 tobacco cessation groups before June 2022.**Target Population(s):** Target whole county for cessation groups through social media, radio, print flyers, and newspaper ads.**Target Location(s) for groups:** Big Piney and Pinedale Public Health offices and clinics. Schools.**Describe or provide a link to the evidence-base:** US Department of Health and Human Services. (2008). Tobacco use and dependence guideline panel. [Treating tobacco use and dependence: 2008 Update](https://www.ncbi.nlm.nih.gov/books/NBK215330/table/ttt00043/?report=objectonly). Rockville (MD).<https://www.ncbi.nlm.nih.gov/books/NBK215330/table/ttt00043/?report=objectonly>**Anticipated Strategy Budget:** \$7816.

#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Provide Tobacco Prevention Toolkit and Catch curriculum resource info to all county health educators and follow up each semester to ask if they need supplemental curriculum or assistance from the coalition or coordinator. .	CPS, Tobacco co-chair	7/1/2020	7/1/2022	Time
2	Starting 11/1/2020, pay Dimensions co-facilitators to facilitate quit groups.	CPS	11/1/2020	3/1/2021	Time, funds.
3	Schedule, market, promote, and facilitate ongoing adult Dimensions tobacco free classes at Public Health, Marbleton Senior Center, medical clinics and High Country Behavioral Health.	CPS, Tobacco co-chair,	7/1/20- 7/1/2021		Time and funds for WQTP materials

	When school schedule permits: train Dimensions facilitators at Skyline Academy to teach youth groups.		9/1/2021 - 7/1/2022	Time	
4	Invite health care providers to participate in tobacco prevention; share NRT -adolescent prescribing guidelines with providers, share info and fund EHR referral when requested, share all cessation promotion and WQTP materials with providers to have in every patient room.	CPS and coalition members.	ongoing	ongoing	Time.
5	Work with High Country clinical director OR Teton Behavior Therapy to promote and implement one Dimensions tobacco cessation group in Behavioral Health setting in this grant cycle. The goal of this strategy is to comply with CDC requirement to provide tobacco quit services to behavioral health clients. Offer all non prescribed NRT methods to counseling clinic quit groups and public quit group participants for 2-3 weeks.	CPS, HCBH	7/1/20	ongoing	Time, meals, funds
<p><b>Community Conditions:</b> <i>What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?</i></p> <p>Community readiness: The initial request for Dimensions tobacco cessation groups came from the schools. The goal to provide 1 Dimensions group to High County is to comply with CDC requirements. Providing NRT to quit group participants is in response to participants reporting that calling the quitline is a barrier.</p>					
<p><b>Expected Outcomes/ Short and Long-term:</b> <i>What results are you hoping to see in the next two years? In the next 5-10 years?</i></p> <p><b>Short term:</b> Increase calls to the quit line with tobacco quit groups.  <b>Long term:</b> Decrease youth reporting using nicotine products on 2024 PNA.</p>					
<p><b>Data and Measurement:</b> <i>How will you know if you accomplished your goals and outcomes?</i></p> <p>2024 PNA. Calls to quitline.</p>					

**TOBACCO****Objective: Eliminate exposure to secondhand smoke [Overarching]:**

**Research-Based Education to Reach Target Audiences, Include Smoking and Secondhand Smoke**  **Expand Research-Based Education Campaigns to Shift Norms/Perceptions**

**Program or Strategy name: Campaign to promote all county smoke free bars and restaurants.****Target Population(s): All county****Target Location(s): Print and social media outlets****Describe or provide a link to the evidence-base:** University of Wisconsin Population Health Institute, County Health Rankings and Roadmaps (2016). [Smoke-free policies for indoor areas](#). Retrieved December 6, 2017.**Anticipated Strategy Budget: \$9893.**

#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Work with D. Swain design and Communications team / to develop 2 year specific calendar for this campaign. Identify all businesses to include. Use Communication and Data Team as a focus group for calendar and content.	D. Swain design, CPS, CDT team.	7/1/20	8/1/20	Time Meals for Communications team
2	Design and purchase newspaper, radio, social media content and window clings for “Sublette Prevention Coalition thanks _____ bar/restaurant for choosing to operate smoke free”.	D. Swain Design, CPS	8/1/20	7/1/2021	Time, funding.
3	Implement campaign	D. Swain design, 10 cooperating businesses.	9/1/2020	9/1/2021	Time, funding

4	Feed tobacco task force lunches 4x year for 2 years	CPS and caterer	7/1/20	7/1 2021	time and meals
5	<i>Add more steps as needed</i>				

**Community Conditions:** *What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?*  
**Variables:** There is community readiness for a smoke free bar that is not attached to a restaurant. Showing that other businesses thrive when they operate smoke free is a strategy endorsed at the state level. Sublette is more likely to endorse and support a voluntary approach to smoke free rather than an ordinance approach. Providing free marketing to businesses that are smoke free builds partnerships with business, which is a critical alcohol prevention strategy and crosses task area boundaries.

**Expected Outcomes/ Short and Long-term:** *What results are you hoping to see in the next two years? In the next 5-10 years?*  
**Short term:** Increase business at smoke free businesses. Increase awareness of the harms of 2<sup>nd</sup> hand smoke.  
**Long Term:** One smoke free bar in Pinedale, which has the most bars in the county. Decreased youth initiation due to shifting norms.

**Data and Measurement:** *How will you know if you accomplished your goals and outcomes?*  
PNA tobacco measures for 6,8,10, and 12 graders report of last 30 day use.

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## **OPIOID/PRESCRIPTION DRUG MISUSE/ABUSE AND OTHER DRUGS PREVENTION**

### **Objectives:**

#### Reduce Access to Opioids [Overarching]:

**X** Increase Safe Storage and Disposal of Prescription Drugs

**X** Expand and Promote Prescription Drug Take-Back Events and Options

Engage Healthcare Providers to Promote New Prescribing Practices and Guidelines  Increase the Use of the Prescription Drug Monitoring Program among Healthcare Providers

#### Educate the Community about the Problem and Harms of Drug Misuse/Abuse [Overarching]:

**X** Research-Based Education to Reach Target Audiences

Educate Legislators and Policy Makers

Educate Stakeholders

**X** Train Coalition Members to Educate the Community

#### Other

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**Focus Area: Opioid Misuse/Abuse and Other Drug Prevention**

**Objective:** Reduce Access to Opioids [Overarching]:

**X** Increase Safe Storage and Disposal of Prescription Drugs

**X** Expand and Promote Prescription Drug Take-Back Events and Options

**X** Research-Based Education to Reach Target Audiences

**Program or Strategy name:** Plan and promote 2 take back lunches per year at the senior centers. Market events to coincide with social media posts on WHY we practice safe disposal and storage (keep meds out of the hands of children, teens, and those who would abuse).

**Target Population(s):** Senior Centers for take back events; whole county for education about safe storage and disposal

**Target Location(s):** Senior Centers, nursing home, and drop boxes.

**Describe or provide a link to the evidence-base:** **LINK TO EVIDENCE FOR THIS STRATEGY:** “ Because most non-medical prescription drug users obtain their drugs from friends/relatives, substance abuse prevention efforts have increasingly targeted the family medicine cabinet—attempting to cut off supply by offering a safe and secure method for drug disposal.” Environmental Strategies Toolkit. University of Wisconsin Population Health Institute, County Health Rankings and Roadmaps (2017). [Proper drug disposal programs](#). Retrieved October 27, 2017.

**Anticipated Strategy Budget: TOTAL RX: \$7176.**

#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	2021: Promote and organize 2 take back senior lunches. partner with Rendezvous Pointe Senior Center Trunk Sale and flea market and Sheriff's Office to do drug take back event	CPS in collaboration with senior center staff, PH and Sheriff's Office.	Ongoing	7/1/2022	Time, meals when part of plan; media to promote

	2022 -1 take back senior lunch and 1 pharmacy take back event.				
2	Design and print ads to market events and disposal boxes.	D. Swain design and CPS	Ongoing	7/1/2022	Time, funds.
3	Monthly social media posting on the reasons why we do safe storage.  Monthly social media to educate the community on the harms and impacts of illegal drug use. Educate the community on positive ways to cope with stress without substances.	D. Swain design and CPS	Ongoing	7/1/2022	
4	Purchase Detera disposal bags for nursing home and pharmacies	CPS	Ongoing	7/1/2022	Time.
5	Meals for 4 task force meals per year x 2 years	CPS and caterer	Ongoing	7/1/2022	Time and meals
<p>Community Conditions: (PNA)  <a href="https://www.pnasurvey.org/ExploreData/Chart/SubstanceUse/OTCDrugMisusePast30DaysUse/354/4%7C5%7C6%7C7%7C8%7C9/18/0/0/0/12">https://www.pnasurvey.org/ExploreData/Chart/SubstanceUse/OTCDrugMisusePast30DaysUse/354/4%7C5%7C6%7C7%7C8%7C9/18/0/0/0/12</a>  Sublette 12th graders report 4% increase in using prescription meds to get high between 2008 and 2018</p>					

**Focus Area: Suicide Prevention****Objective: Increase community awareness and education to decrease suicide. Decrease stigma related to mental health. Increase access to MH services.****Program or Strategy name: Promote and Conduct these community trainings: QPR. Mental Health First Aid, AS****Target Population(s): County-wide****Target Location(s): Churches, Schools, Business, Bars/Restaurants, Public Health, Medical Clinics, Senior Center****Describe or provide link to the evidence-base: <https://qprinstitute.com/>****Anticipated Strategy Budget: \$12600.**

#	Action Steps	Responsible Party	Start Date	End Date
1	Coalition members and media will promote QPR training in the community and schools. Events such as candlelight walks for Suicide Prevention Awareness Month and International Survivors of Suicide Loss Day will be used to promote community trainings.	CPS, D. Swain design, and coalition members	7/1/20	7/1/2022
2	Provide a place for schools, churches, counseling clinics, and community fundraising organizations to collaborate on a community mental health fund that supports counseling for all residents, regardless of ability to pay.	coalition members	10/1/20	7/1/2022
3	Meals and books for QPR and MHFA community trainings	CPS and business	7/1/20	7/1/22
4	Printing: Promotional materials for community MH fund; update wallet cards after lifeline changes to 9-8-8; upon request, provide printed materials to community partners like the school youth club and Boulder Roll.	CPS and business	7/1/20	7/1/22
5	#We can stop suicide afsp wristbands for community partners to distribute at parades, candlelight walks, QPR classes, youth club.	CPS and business.	7//1/21	6/30/2022

**Community Conditions:**

**Community Conditions:**

Sublette County had a suicide rate of 2.8 deaths by suicide per year between 2008 and 2018, which is **higher than the 2.35 per 100,000.**

**Short and long term outcomes:**

2 years: Increase # of community individuals trained in QPR, MHFA, and maybe but not positively ASIST. Desired outcome: MHFA training opportunities for first responders: desired outcome: 10 trained.

5-10 years. Decrease in suicide rate.

**Data and Measurement:**

SEOW 2024

County Health Rankings: 2024.

*What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?*

**Expected Outcomes/ Short and Long-term:** *What results are you hoping to see in the next two years? In the next 5-10 years?*

**Data and Measurement:** *How will you know if you accomplished your goals and outcomes?*

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Appendix A: Community Prevention Grant Work Plan

<b>Suicide Prevention</b>				
<b>Objectives:</b> Improve Care and Support to Suicide Survivors; Implement Effective Community and/or Entity’s Response Stigma Related to Mental Health				
<b>Program or Strategy name:</b> Suicide/Crisis Response Team, ongoing				
<b>Target Population(s):</b> Suicide loss survivors, anyone affected by crisis including covid and other job loss, which increase				
<b>Target Location(s):</b> County wide.				
<b>Describe or provide link to the evidence-base:</b> <a href="https://www.sprc.org/news/postvention-prevention">https://www.sprc.org/news/postvention-prevention</a> <b>Building a Community Response Team (PDF   258 KB)</b>				
<b>Anticipated Strategy Budget: \$1725.</b>				
#	Action Steps	Responsible Party	Start Date	End
1	Finalize name change to reflect evolving mission.	CRT & team	6/1/20	8/1/20
2	Work with SP Task Force to prioritize, schedule, and participate in community training (QPR, MHFA)	CRT 7 team	6/1/20	8/1/20
3	Recruit 1 <sup>st</sup> Responders to have broader representation on CRT team. Promote funding and training opportunities to 1 <sup>st</sup> responders.	CPS and team	6/1/20	9/1/20
4	Onetime graphic design to reflect changes to mission and name	CPS & graphic design		
5	Per work plan comment: When the coroner, sheriff’s office, business or church members contacts the CPS or team members about an individual or business in crisis related to suicide, sudden death or other sudden disaster, the Crisis Response Team responds on a case by case basis, depending on the nature of the request. Team members have met with entire government agencies impacted by the suicide of an employee; individuals requesting support after suicide; and have responded on the community level to provide widespread information (through mass mailing and social media) on economic supports for impacts related to covid and other disasters that create job and home loss and economic instability; all are risk factors for suicide. Team members respond with a “warm hand off” and referrals to local counseling agencies and medical clinics for MH support. Team members are informed on food, housing, medical and income resources and provide that info to the community. Team members facilitate Crisis Intervention Stress	CPS and team members	7/1/20	7/1/20

Management (CISM) de-briefs with local law enforcement and 1 <sup>st</sup> responders. Team members teach QPR. Team members will be trained in Mental Health First Aid in the current grant cycle.			
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**Community Conditions:** *What are the intervening variables and contributing risk and protective factors? Why did the community...*

Sublette County had a suicide rate of 2.8 deaths by suicide per year between 2008 and 2018, which is **higher than t**  
**2.35 per 100,000.**

**Short and long term outcomes:**

2 years: Increase community individuals trained in MHFA, ASIST, desired outcome: MHFA trained: 20. ASIST: 10. Increase MH training opportunities for first responders: desired outcome: 10 trained.  
 5-10 years. Decrease in suicide rate.

**Data and Measurement:**

SEOW 2024  
 County Health Rankings: 2024.

**PREVENTION FOR ALL FOCUS AREAS: ALCOHOL, TOBACCO, OTHER DRUGS, AND SUICIDE PREVENTION**

**Objectives:**

Prevention that spreads across all focus areas:

- Evidence-Based Programs designed to increase protective factors or decrease risk factors
- Texting Tipline (example: Safe2Tell)

Other

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**Focus Area: Prevention for All Focus Areas**

**Objective:** Build capacity for prevention. Recruit representation from youth ages 15-30; oil and gas sector, and Latino community. Provide 1 national training for this grant cycle for CPS and 1 coalition member.

**Program or Strategy name:**

1. Develop broader capacity for prevention activities in the community with greater diversity in the coalition. Invite community members from missing sectors. Recruit representation from youth ages 15-30; oil and gas sector, and Latino community. Provide meals as inducements.
2. Fund national training for CPS and 1 coalition member (required) between July 1 2020 and July 1 2022.
3. Include Big Piney in regular meetings by holding 4 SPC meetings per year in Big Piney.

**Target Population(s):** Coalition and CPS,

**Target Location(s):** County for coalition meetings, national conference for training CPS and members.

**Describe or provide link to the evidence-base:**

**Anticipated Strategy Budget: \$8320.**

#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	Plan 24 SPC monthly meeting agendas with coalition leadership.	CPS & Coalition chair	7/1/2020	7/1/2022	Time
2	Meals for 24 monthly meetings.	CPS & caterer	7/1/2020	7/1/2022	Time and funds
3	Attend 2 statewide trainings.	CPS and coalition member	1/1/2020	7/1/2022	Time and funds
4	Attend one national conference. Required by grant	CPS and one coalition member	1/1/2021	7/1/2022	Time and funds
5					



**Community Conditions:** *What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?*

**Expected Outcomes/ Short and Long-term:** *What results are you hoping to see in the next two years? In the next 5-10 years?*

**Data and Measurement:** *How will you know if you accomplished your goals and outcomes?*



## CAPACITY ENHANCEMENT FOR IMPLEMENTATION

*Suggested Funding Level: \$2,500*

### Objectives:

*Please see the capacity assessment for your community to identify key strategic objectives and suggested strategies.*

#### Workforce Capacity [Overarching]:

Provide Prevention Training for Staff, Leaders, and Coalition Members

- Enhance Understanding of Cultural Characteristics of Community Staff, Leaders, and Coalition Members

#### Resources Capacity [Overarching]:

- Assess and Enhance Access to Resources

#### Effective Communication Capacity [Overarching]:

- Schedule Regular Coalition Meetings with Agendas and Minutes
- Share Data and Reports with Coalition Members

**X** Clarify Connections of Projects to the Larger Coalition Goals

#### Community Engagement Capacity [Overarching]:

**X** Recruit Broad and Diverse Representation for Coalition

- Define Roles for Coalition Members Engagement

#### Active Leadership Capacity [Overarching]:

- Recruit and Cultivate Active Leadership
- Foster a Shared Leadership Model for the Coalition

#### Readiness for Change Capacity [Overarching]:

**X** Enhance Partnerships with Key Stakeholders

#### Sustainability Capacity [Overarching]:

**X** Update/create Coalition Charter and Membership List

**X** Make Available a Written History of the Coalition

**X** Update/Write a Community Prevention Specialist Position Handbook

#### Other

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**Focus Area: Capacity Enhancement**

**Objective:** Clarify Connections of Projects to the Larger Coalition Goals.

Make Available a Written History of the Coalition

Update/Write a Community Prevention Specialist Position Handbook

**Program or Strategy name:** Increase coalition diversity by actively recruiting representation from missing sectors/stakeholders

**Target Population(s):** Oil and gas, first responders and medical clinics, broader ethnicity, missing business sectors, and youth.

**Target Location(s):** County

**Describe or provide link to the evidence-base:** Article on the challenges of stakeholder and sectoral diversity in coalition work:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5510985/>

**Anticipated Strategy Budget: 2550.**

#	Action Steps	Responsible Party	Start Date	End Date	Resources Required
1	CPS and coalition work their contacts in the identified missing sectors.	CPS and coalition	7/1/20	7/1/2022	Time
2	Provide materials detailing history of prevention work in Sublette and ongoing projects, and current work for recruiting	CPS and graphic design	7/1/21	7/1/2022	Time and funds
3	Monthly review and update of SPC website to keep current and transparent for recruiting	CPS and website manager	7/1/20	7/1/2022	Time and funds

4	Keep connecting our projects to long term goals in each task force area. Work with WASCOP to develop 5 year Strategic Plan with coalition members over 3 sessions. provide lunch	CPS and coalition task force co-chairs	7/1/20	7/1/2022	Time and 3 meals.
5	Provide meals to coalition meetings.	CPS, caterer	7/1/20	7/1/22	Time and meals

**Community Conditions:** *What are the intervening variables and contributing risk and protective factors? Why did the community choose this strategy?*

**Expected Outcomes/ Short and Long-term:** *What results are you hoping to see in the next two years? In the next 5-10 years?*

2 years desired outcome: all identified sectors represented at coalition meetings.

5-10 years: same as above.

**Data and Measurement:** *How will you know if you accomplished your goals and outcomes?*

We will have youth, broader ethnicity, Oil and Gas business, and medical clinic representation at regular meetings.